

The Reiss-Davis Child Study Center & Institute at Vista Del Mar presents its 2021 monthly series of

# SATURDAYS at the CENTER



CEs for Mental Health Professionals Serving  
Children, Adolescents and Parents

A PLACE TO TURN › A PLACE TO LEARN › A PLACE TO EARN

*Celebrating its 11<sup>th</sup> Year of offering cutting edge presentations on the latest in developmental-psychodynamic neuro-bio-psycho-social/relational mental health theory and technique for those who work with children and adolescents.*

CONVENIENTLY LOCATED | REASONABLY PRICED  
PLEASANTLY SITUATED ON THE GROUNDS OF VISTA DEL MAR | OR BY ZOOM

*\*Please note that all sessions are presented on Fridays*



## VISTA DEL MAR

REISS-DAVIS INSTITUTE

### THE REISS-DAVIS CHILD STUDY CENTER & INSTITUTE

is a non-profit, non-sectarian mental health training and treatment center that has been serving the needs of children, adolescents, their families, and professionals since 1950.

#### Our Clinical and Psycho-educational services offered through the Center include:

- Psychotherapy for children, parents, and families\*
- Parent Work\*
- Evidence-based cognitive-behavioral therapies for MediCal eligible children, adolescents and parents\*
- Diagnostic assessments\*
- Psycho-Educational Diagnostic testing Services (P.E.D.S.) for assessing LD, AD/HD and emotional issues
- Autism Spectrum Evaluations

\*For these clinical services, please call the Vista Outpatient Department (310) 836-1223 Ext 500  
For psycho-educational services or Autism Spectrum Evaluations call (310) 204-1666 Ext 307

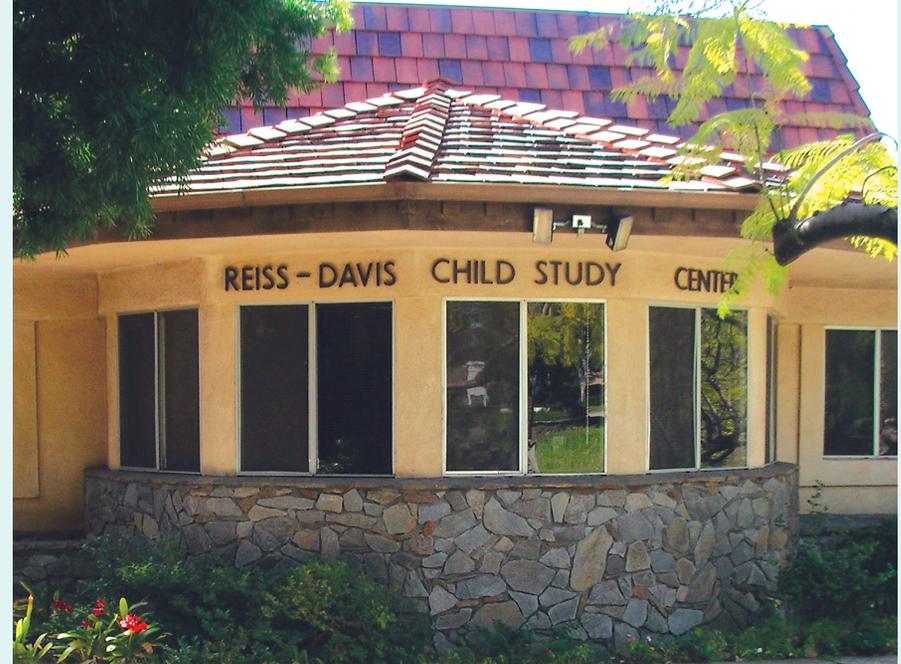
#### Training Programs offered through the Center include:

- Two-year clinical fellowship program for psychologists and social workers
- Two-year psychoeducation testing fellowship program for psychologists (PEDS)
- Reiss-Davis Graduate School offering a doctoral degree program in Psychodynamic Child Psychology and Psychotherapy



## THE REISS-DAVIS CHILD STUDY CENTER & INSTITUTE,

a division of Vista Del Mar Child and Family Services, is pleased to announce that it is celebrating its eleventh year of offering the Los Angeles mental health professional community our **Saturdays at the Center Program**. The series we have put together for the first half of 2021 offers clinical psychologists, social workers and marriage and family therapists an exciting selection of continuing education presentations that will hopefully not only stimulate thought and suggest different methods and techniques to augment working with children, adolescents and their parents, but also offers an opportunity for participants to learn and discuss information reflecting recent dynamic thinking in the field of infant, child and adolescent mental health, adjunctive psychotherapeutic, and other related services for young people and their families. This year's series reflects requests received about what attendees would like including mother-infant work and attachment in general. Among this season's offerings we are also including two 6-hour presentations that meet the BBS and BOP licensing boards' requirements for Law and Ethics and for Supervision. Among our 3-hour presentations are an array of topics that will help the busy professional earn CE units while learning new information to help them in their professional work. Each year we continue to provide monthly workshops, each offered by outstanding professionals, that address both the mental health and/or other needs that can impact on young people and their families from birth through late adolescence, while offering therapists both new and innovative techniques, approaches and resources that mental health providers can apply to their current work with young clients and their parents.



**Saturdays at the Center** is a program sponsored by the Reiss-Davis Institute, the training and research wing of the Reiss-Davis Child Study Center and Institute of Vista Del Mar. Our Center has had an established reputation for providing quality clinical services to children, adolescents and their families in the Los Angeles community for over seventy years. We also have an established reputation in mental health training field, through our post-masters and post-doctoral Fellowship programs, whose graduates now serve the mental health needs of children here in Los Angeles, in California, across our country and across the world. Additionally, we offer training to professionals in infant, child and adolescent mental health through our well-received Annual Edna Reiss-Sophie Greenberg Chair and Conference, recognizing nationally and internationally known professionals who have made major contributions to the field of infant, child-adolescent mental health. Our Reiss-Davis Institute also offers an accredited degree-granting graduate school program in the field through our Reiss-Davis Graduate School, now offering a Psy.D. degree in psychodynamic child psychology and psychotherapy through our convenient 3 years of residential didactics followed by writing a dissertation program for busy licensed therapists wanting a Psy.D. in child psychology and psychotherapy with a psychodynamic, neurobiological, and trauma-focused perspective. A new cohort of this program is scheduled to begin in August 2021.

# MARCH 19, 2021

9:00a.m.–4:15p.m. | 6 CE Credits via Zoom

**NOTE:**  
This is a Friday  
presentation

## Client Welfare, Therapist Responsibility: Legal and Ethical Considerations

*Presented by a nationally recognized lecturer specializing in legal and ethical issues in clinical practice*

### RELEVANCE OF PROGRAM TO CONTINUING EDUCATION

Program content pertains directly to the ethical, professional, or regulatory developments relevant to the discipline of psychology: Legal and ethical risk management associated with working with individuals in a clinical setting.

### ABSTRACT

This workshop addresses therapist responsibility to ensuring patient welfare in all aspects of practice. Participants will learn to deal with ethical areas such as (1) introduction to law and ethics; (2) connection between suicide, substance abuse and social media; (3) therapist self-care, burnout and counter-transference, (4) working with multiculturals: couples and families and updates to legal/ethical issues with minors; (5) cultural humility, intersectionality, and diversity; (6) telehealth in the age of the pandemic. Literature updates, along with relevant Codes of Ethics and current expert opinion will be included in all areas of discussion. This program overviews the current research findings and knowledge that inform the practice of ethical and legal practice.

[REGISTER FOR THIS EVENT](#)



**Pamela Harmell, PhD**, is a full-time senior Lecturer at the Pepperdine University Graduate School of Education and Psychology; a past Chair of the California Psychological Association Ethics Committee, served as Co-Chair of the Los Angeles County Psychological Association Ethics Committee, is the former President of the Los Angeles County Psychological Association; and had received a Gubernatorial appointment to the California Board of Psychology where she served her final year as President. She also maintains a private practice.

# MARCH 19, 2021 Client Welfare, Therapist Responsibility: Legal and Ethical Considerations

continued

This workshop addresses therapist responsibility to ensuring patient welfare in all aspects of practice and is divided into six one-hour presentations:

## 1 HOUR ONE

### *Introduction to legal and ethical issues*

- Four elements holding therapists accountable for their professional work
- Proof hurdles in legal decision making
- The “four bins” method
- The difference between confidentiality, privilege and privacy
- Examples of real life ethical situations
- Frequently asked questions
- Landmark decision: The rule of least restrictive treatment
- O’Connor vs Donaldson (1975) Federal Supreme Court Ruling

## 2 HOUR TWO

### *Suicide, social media, and substance abuse*

- Legal and ethical considerations of trying to prevent the use of suicide websites on the internet
- Questionable practices in addiction treatment
- Barriers to effective treatment
- Research and statistics related to social media, substance abuse and suicide
- Opioid use and suicide
- Cybersuicide and cyberbullicide
- Legal and ethical issues related to informed consent and “safety agreements”
- Non-Suicidal Self Injury (NSSI): Teens and young adults
- American Academy of Pediatrics: Suicide assessment for adolescents and teens

(Session sum up questions and answers)

## 3 HOUR THREE

### *Working with minors*

- Family law
- Three ways to seek patient records, subpoenas and court orders
- Updates to child abuse reporting
- Multiclient situations: group, couple, family
- Privilege with minors
- Informed consent with minors

LUNCH BREAK: 12:10p.m. – 12:50p.m.

## 4 HOUR FOUR

### *Cultural Humility*

- Intersectionality
- Broad dimensions of clinical competency
- Four components of clinical competency
- Ethnic matching between therapist and client
- Three pillars of clinical competency
- Use of social justice in the therapy relationship
- Sum up questions

## 5 HOUR FIVE

### *Technology and Telehealth*

- Issues with COVID
- Online therapy
- The Third-Party Rule
- Informed Consent for Telehealth during the COVID-19 Pandemic
  - Suggested format and wording
- Psychotherapists as “Essential” Workers

## 6 HOUR SIX

- Therapist protection and self-care
- Identifying and dealing with counter-transference
- Identifying and handling burnout
- The DOVE model of therapist resilience and vulnerability
- Sum-up questions

### LEARNING OBJECTIVES:

1. To list the four bins method of ethical decision-making, boundary crossings and boundary violations.
2. To explain the common causes for burnout and the DOVE model for therapist vulnerability and resilience.
3. To discuss updates related to child abuse reporting with regard to the “dire” exception.
4. To describe the court decisions related to multiclient confidentiality issues.
5. To identify and conceptualize the connection between suicide, social media and substance abuse.
6. To explain how to work within the “intersectionality.”

# APRIL 23, 2021

9:00a.m.–4:15p.m. | 6 CE Credits via Zoom

**NOTE:**  
This is a Friday  
presentation

**SPECIAL PRESENTATION**

**THE REISS-DAVIS CHILD STUDY CENTER & INSTITUTE'S  
16<sup>TH</sup> ANNUAL EDNA REISS-SOPHIE GREENBERG CHAIR AND CONFERENCE**

**Awarded to Beatrice Beebe, Ph.D., for her a pioneering  
work in the field of early infant-parent communication**

*Dr. Beebe's presentation is entitled:*

## **Mother-Infant Research and Implications for Clinical Practice**

### **LEARNING OBJECTIVES:**

1. Describe how frame-by-frame analysis of video provides a microscope into the details of mother-infant interaction.
2. Explain ways in which mother-infant research can inform mother-infant treatment.
3. List two different pictures of mother-infant trauma.
4. Describe how Dr. Beebe learned to understand the infant's nonverbal language, and how she learned to join the infant with forms of correspondence.
5. Discuss two examples of how these forms of correspondence bring us to an important clinical moment in mother-infant interaction.
6. List two examples of how these forms of correspondence bring us to an important clinical moment in the adult treatment videos presented.

**REGISTER FOR THIS EVENT**



**Dr. Beatrice Beebe, Ph.D.** is a Clinical Professor of Psychology in Psychiatry, College of Physicians and Surgeons, Columbia University; and Department of Child and Adolescent Psychiatry,

New York State Psychiatric Institute, where she directs a basic research lab on mother-infant communication. She is faculty at several psychoanalytic institutes and has a private practice for adults and mother-infant pairs. She is the author or coauthor of six books. The most recent is *The Mother-Infant Interaction Picture Book: Origins of Attachment* (Beebe, Cohen & Lachmann, Norton, 2016). A documentary film about her is research available on PEP Web: *Mother-Infant Communication: The Research of Dr. Beatrice Beebe* by Karen Dougherty (2016).

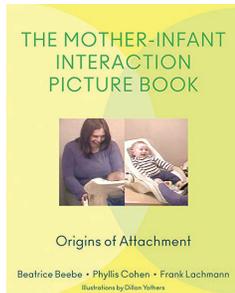
APRIL 23, 2021

continued

THE REISS-DAVIS CHILD STUDY CENTER & INSTITUTE'S  
16<sup>TH</sup> ANNUAL EDNA REISS-SOPHIE GREENBERG CHAIR AND CONFERENCE

***In this special six-hour conference, Dr. Beebe will present in conversation with Dr. Estelle Shane\*, who has been following Dr. Beebe's work since 1993. Dr. Beebe will go back and forth between a small portion of the lecture and a brief dialogue about this portion with Dr. Shane. Through this dialogue, the Zoom format will be enlivened, and the audience will more easily enter the ideas through Dr. Shane's reactions. She has used this format successfully in broadcasts by Zoom around the country.***

*\*Dr. Shane is a renowned psychoanalyst in her own right, and one of the founders of the Institute of Contemporary Psychoanalysis in Los Angeles. She has also been Past President, Council Member, and Advisory Board Member, International Association for Psychoanalytic Self Psychology (IAPSP); Adjunct Faculty, UCLA Department of Psychiatry, Los Angeles; Consulting Editor, Psychoanalytic Inquiry; Editorial Board, Psychoanalysis, Self and Context; author of numerous publications; and co-author (with M. Gales) of Intimate Attachments: A Developmental Systems Self Psychology (Routledge, 1997).*



**Dr. Beatrice Beebe** received her Ph.D. in 1973 from Columbia University, in a joint clinical/developmental psychology doctoral program at Teachers College, with Daniel Stern, M.D. as her dissertation sponsor. Thirteen years later she received a specialization in psychotherapy and psychoanalysis at the N.Y.U. Postdoctoral Program. She was Associate Professor of Clinical Psychology, Ferkauf Graduate School, Yeshiva University, 1977-1993. She has been awarded many honors, including the Distinguished

Scientific Award, American Psychological Association, Division of Psychoanalysis; The John Bowlby Memorial Lecture, London; The Solnit Award for *Mother-infant research informs mother-infant treatment, the Psychoanalytic Study of the Child* (2005); and was awarded the 10th Annual Robert S. Wallerstein Lectureship, *Infant Research and Adult Treatment: Nonverbal Communication*, 2015, University of California San Francisco. She has published six books and 77 peer-reviewed professional articles and is a member of numerous psychoanalytic organizations. Dr. Beebe also has been in private practice since 1975.

Dr. Beebe's presentation will be divided into morning and afternoon sessions. In her morning session, **Three Models of Mother-Infant Trauma**, she will present (1) a mother-infant treatment case where the mother was suicidal at birth; (2) the 4-month origins of disorganized attachment; and (3) mother-infant interaction patterns in mothers who were pregnant and widowed mother on 9/11, and their infants born after 9/11. The latter two are based on her research; all three models of mother-infant trauma will have illustrative video material. In each model the audience will be led through an embodied interactive role-play of the patterns of interaction. The experiential learning highlights preverbal, embodied experience and multiple modes of nonverbal communication.

In the afternoon session entitled **How Playing with Babies Made Me a Better Therapist**, Dr. Beebe will discuss and illustrate "forms of correspondence:" modes of entering the partner's action dialogue in infant research and adult treatment. Meanings are cocreated through actions as well as through language – the "action dialogue." Forms of correspondence are nonverbal modes of entering into, acknowledging, "going with," or resonating with the partner's action dialogue, largely out of awareness. These are split-second procedural action-sequence coordinations with the partner's actions — through gaze, face, head, hand and foot, as well as vocal rhythms and vocal prosody. Reviewing her five decades of learning to play with infants, she will trace through video examples how she learned *to see the infant's nonverbal language and how she changed*. Out of awareness, she learned to do less, and that "less is more;" she learned to go slow, to not try to make the infant smile, but rather to pay careful attention to the infant's communication; she learned to join increments of infant distress, to join the "dampened state," to join the cry rhythm. After playing with an infant, she studied the film to try to understand better what worked or did not work in engaging the infant. Gradually, she realized that her procedural action dialogue knowledge with infants helped her to connect emotionally with her adult patients. She will illustrate how these forms of correspondence bring us to the *clinical moment, moments of potential therapeutic action*. They are relevant to infant, child, and adult treatment. The presentation includes video examples from infant interaction and from an adult treatment.

**Don't miss the opportunity to personally experience this master researcher, teacher, and clinician to better understand why she is being honored as our 16th Edna Reiss-Sophie Greenberg Chair.**

# MAY 21, 2021

8:30a.m.–3:45p.m. | 6 CE Credits via Zoom

**NOTE:**  
This is a Friday  
presentation

## Making the Most of Reflective Supervision: *Deepening Virtual Reflective Practice*

*Presented by an Infant Family Early Childhood Mental Health Specialist and Reflective Practice Facilitator with considerable experience leading virtual and in-person workshops on Reflective Supervision*

Reflective supervision, reflective consultation, and reflective practice are considered best practices for providers, supervisors, and agencies where stress, secondary trauma, high turnover, and service quality are significant concerns. This interactive, highly experiential virtual training is designed for supervisors in the infant-family early childhood field, including mental health, early childhood education, home visitation, and other child and family services. Utilizing partner and small group exercises, participants will develop a comprehensive framework for understanding and employing reflective supervision for every aspect of one's job, including brave space creation, mindful self-regulation, use of reflective questions to unleash wisdom and promote provider reflective capacity, as well as virtual facilitation engagement strategies for supervising a remote work force.

### LEARNING OBJECTIVES:

1. Define reflective supervision.
2. Identify three distinct responsibilities of supervisee and supervisor.
3. Define reflective functioning and its importance to relationship security.
4. Name three ways multiple personal and social identities impact how one inhabits divergent supervisory roles.
5. Describe 3-4 virtual facilitation strategies for hard to engage staff.
6. Demonstrate the use of 3-4 specific, intentional reflective questions to deepen staff reflective capacity in 1:1 and group reflective supervision.

**REGISTER FOR THIS EVENT**



**Diane Reynolds, LMFT**, an Endorsed Infant-Family Early Childhood Mental Health Specialist and Reflective Practice Facilitator II, is a program developer and trainer in Mindful Parenting Groups and Reflective Practice/Supervision. She has spent over 25 years introducing parents, providers, schools, and organizations to mindful, reflective approaches to care. Recent publications include an article in the *Infant Mental Health Journal* (2016) special issue on Reflective Supervision, "Reflecting Together: Reflective Functioning as a Focus for Deepening Group Supervision."

*"A family, organization, or system of care cannot be expected to operate relationally without attending to the 'reflective health' of relationships at all levels of that system."*

— Diane Reynolds, LMFT

# ONLINE REGISTRATION

**March 19, 2021: Client Welfare, Therapist Responsibility:**

**Legal and Ethical Considerations:**

<https://www.eventbrite.com/e/client-welfare-therapist-responsibility-legal-and-ethical-consideration-tickets-144051021483?aff=ebdsoporgprofile>

**April 23, 2021: 16th Annual Edna Reiss-Sophie Greenberg Chair and Conference I 6 CE Credits**

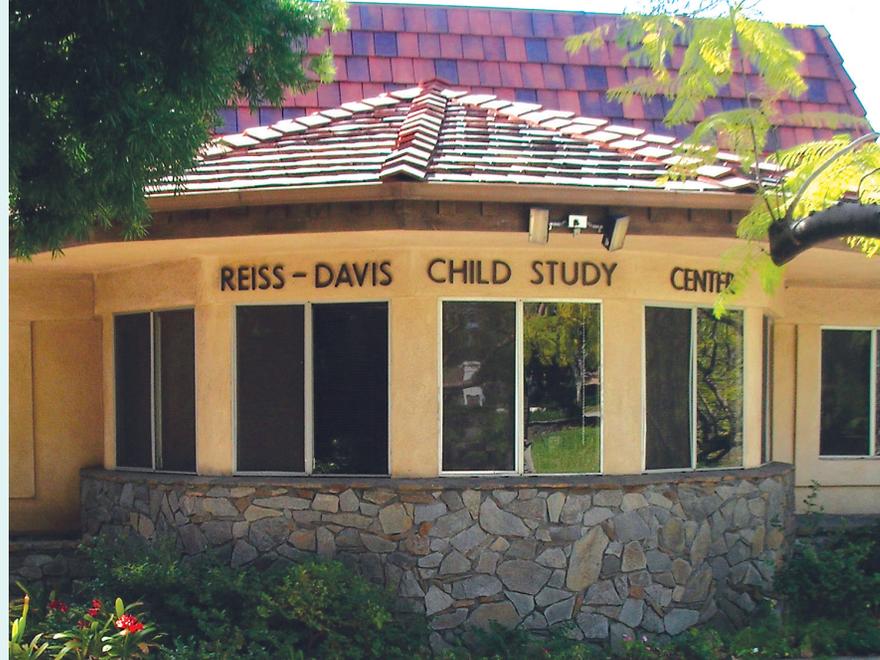
<https://www.eventbrite.com/e/16th-annual-edna-reiss-sophie-greenberg-chair-and-conference-i-6-ce-credits-tickets-141866720179?aff=ebdsoporgprofile>

**May 21, 2021: Making the Most of Reflective Supervision: An Introduction**

<https://www.eventbrite.com/e/making-the-most-of-reflective-supervision-an-introduction-tickets-144054233089?aff=ebdsoporgprofile>

## CANCELLATIONS & REFUNDS

**Please note the following policy supersedes any and all Eventbrite policies on refunds:** Cancellations received at least ten working days before the workshop are refundable less a \$20 administrative fee per registrant. No refunds will be made thereafter. Please note that if you register and do not attend, you are still liable for full payment. A colleague may be substituted for no extra charge as long as written notification is received by the administrative office at least two business days before the conference. The expense of continuing education, when taken to maintain and improve professional skills, may be tax-deductible.



## CONTINUING EDUCATION

**CE Credits are available for Psychologists, LCSW's, LMFTs and LPPCs**

**CPA Accredited:** Vista Del Mar Child and Family Services is approved (VIS-002) by the California Psychological Association to provide continuing professional education for psychologists. The California Board of Behavioral Sciences (BBS) now recognizes CPA continuing education credit for license renewal for LCSW's and MFTs. Vista Del Mar Child and Family Services maintains responsibility for this program and its content.

**Target audience:** Licensed mental health professionals

**Post-licensure instructional level of activity:** Intermediate/ Advanced

**Important note to participants:** Participants who attend a scheduled event in full and complete the appropriate evaluation form will receive CE credits. Please note that credit will only be granted to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credit.