The Reiss-Davis Child Study Center & Institute at Vista Del Mar presents its 2016-2017 monthly series of Saturdays at the Center*

CE Credits for Mental Health Professionals Serving Children, Adolescents and Parents

Series begins November 19th with Dr. Robert Moradi presenting on Nightmares

A place to turn • A place to learn • A place to earn

Celebrating its 8th Year of offering Cutting Edge presentations on the latest in developmental-psychodynamic neuro-bio-psycho-social/relational mental health theory and technique for those who work with children and adolescents

Conveniently located | Reasonably priced | Pleasantly situated on the grounds of Vista Del Mar

*Please note that some sessions are presented on Fridays
THE REISS-DAVIS CHILD STUDY CENTER & INSTITUTE
is a non-profit, non-sectarian mental health training and treatment center that has been serving the needs of children, adolescents, their families, and professionals since 1950.

Our Clinical and Psycho-Educational Services offered at the Center include:
• Psychotherapy for children, parents, and families*
• Parent Work*
• Evidence-based cognitive-behavioral therapies for MediCal eligible children, adolescents and parents*
• Diagnostic assessments*
• Psycho-Educational Diagnostic testing Services (P.E.D.S.) for assessing LD, AD/HD and emotional issues
• Keeping Kids First-educational program for divorcing parents
• Neurofeedback/brain training program for children and adolescents with attentional and other issues

*For these clinical services please call the Vista Counseling Center at 310-836-1223 Ext. 330/500

For all other services please call 310-204-1666:
• Psycho-Educational (PEDS) Program at Ext. 307
• Keeping Kids First Program at Ext. 875
• Neurofeedback Program at Ext. 871
The Reiss-Davis Child Study Center & Institute, a division of Vista Del Mar Child and Family Services, is pleased to announce that it is celebrating its eighth year of offering the Los Angeles mental health professional community our Saturdays at the Center Program. The series we have put together for 2016-2017 offers clinical psychologists, social workers and marriage and family therapists an exciting selection of continuing education presentations. This series will hopefully not only stimulate thought, suggest different methods and techniques to augment working with children, adolescents and their parents, but also offer an opportunity for participants to learn and discuss information. These ideas would be reflecting recent dynamic thinking in the field of infant, child and adolescent mental health, adjunctive psychotherapeutic, and other services for young people and their families. This year’s series represents requests received from our SurveyMonkey explorations of what attendees would like. Among this season’s offerings we are including two 6-hour presentations that meet the licensing boards’ requirements for Law and Ethics and for Supervision. Among our 3-hour presentations are an array of topics that will help the busy professional earn CE credits while they learn new information to help them in their professional work. In this way we attempt to continue providing monthly workshops, each offered by an outstanding professional, that address both the mental health and/or other needs that can impact on young people and their families from birth through late adolescence. We also seek to offer therapists both new and innovative techniques and approaches that they can apply to their current work with young clients and/or their parents.

Saturdays at the Center is a program sponsored by the Reiss-Davis Institute, the training and research wing of the Reiss-Davis Child Study Center & Institute of Vista Del Mar. Our Center has had an established reputation for providing quality clinical services to children, adolescents and their families in the Los Angeles community for over sixty-five years. We also have an established reputation in the mental health training field, through our post-masters and post-doctoral Fellowship programs, whose graduates now serve the mental health needs of children here in Los Angeles, in California, across our country and across the world. Additionally, we offer training to professionals in child-adolescent mental health through our well-received Annual Edna Reiss-Sophie Greenberg Chair Lecture Series, recognizing nationally and internationally known professionals who have made major contributions to the field of child-adolescent mental health. Our Reiss-Davis Institute also offers a degree-granting graduate school program through our Reiss-Davis Graduate Center for Child Development and Psychotherapy program. The program offers a doctoral degree through our convenient One Weekend a Month/3-Year PsyD Program of courses in Clinical Child Psychology for busy licensed therapists wanting a Psy.D. in clinical child psychology with a psychodynamic emphasis. A new cohort of this program is scheduled to begin in January 2017.
NOVEMBER 19, 2016
9:30am–12:30pm | 3 CE Credits

NIGHTMARES: Our Most Important Dreams

Presented by a very well-respected child-psychoanalyst, supervisor, lecturer, and dreamologist

Robert Moradi, M.D., Jungian Psychoanalyst; Associate Clinical Professor of Psychiatry, UCLA School of Medicine; Emeritus Attending Staff Psychiatrist and Supervisor of Residents, Cedars-Sinai Medical Center; Faculty, Reiss Davis Child Study Center and Institute; private practice in Santa Monica working with children, adolescents and adults.

This conference provides a unique opportunity to learn from the discussion of videotapes of actual clinical work Dr. Moradi did interpreting dreams. Through the videotapes and discussion of the process of understanding dreams, he will not only outline the fundamental requirements for interpretation of dreams, but also explain the importance of nightmares that tend to “intervene” at times of significant transitions in life. He will also explore how nightmares seem to point to the direction best suited to each individual, when finding themselves at a crossroads in life. He will additionally address how nightmares can ring an alarm when action needs to be taken, or avoided, by the dreamer, for these are the times when help from the creative and protective dimensions of the unconscious psyche are needed. In these cases, nightmares seem to provide this help. Finally, by using nightmares, told to the therapist on videotape, he will be able to demonstrate the importance of understanding dreams in the context of the dreamer’s life, as he goes about gathering information related to the background of the dream.

Learning Objectives

- To list the fundamental requirements for interpreting dreams.
- To explain two important reasons to explore nightmares in dream work.
- To describe why it is essential to interpret dreams only in context.
The Legal Impact of Domestic Violence on Families, Litigants and their Children

Presented by a well-respected attorney with an expertise in how domestic violence affects children and families and how new laws can impact on all of us working with these children and families

Fred C Dresben, Esq., practices Family Law, is a member of the California State Bar, United States Supreme Court Bar, the Los Angeles County Bar Association, the Beverly Hills Bar Association, and the Beverly Hills Family Law Study Group. He also donates his time to serve as a Fee Arbitrator for the State Bar of California and the Beverly Hills Bar Association. He has been selected to Super Lawyers: 2015 – 2017.

Domestic Violence in California is a serious issue, with 40% of California women experiencing physical, intimate-partner violence in their lifetimes. Domestic Violence also has broad implications to the family as a whole, as it affects the parties and their children both psychologically and financially. Mr. Dresben will address the legal impact to the children and family when an allegation of Domestic Violence is made. He will also address what steps the parties involved should take to preserve the children’s well being. Additionally, he will focus on the role of the therapist in assisting such families during their time of upheaval.

Learning Objectives

- To explain why a body-oriented psychotherapeutic approach can be effective in clinical practice with domestic violence victims.
- To describe the difference between the effects of trauma and attachment on body and mind.
- To apply somatic resources in clinical practice with family members who have experienced domestic violence.
Awarded to Edward Tronick, Ph.D.

Dr. Edward Tronick is an internationally recognized developmental and clinical psychologist whose research on infants and children and parenting has significantly influenced the field of infant-child-adolescent mental health for over forty years, authoring and co-authoring more than 200 scientific papers and chapters. Dr. Tronick's research focuses on social-emotional development and self-regulatory processes in normal and compromised infants and young children as well as the effects of stress on infants and parents. Having developed the Still-Face Paradigm and the Model of Mutual Regulation, he has more recently worked on the co-creative processes of the expansion meaning in the infant-parent in the therapeutic dyad. He has done research in Zaire, Peru, and India on child-rearing and development, and has also co-developed the Neonatal Behavioral Assessment and the Touchpoints Program with T. Berry Brazelton. He and colleague Barry Lester published the NICU Network Neurobehavioral Assessment, a standardized instrument for assessing the neurobehavioral status of the newborn that has proved effective in making long term predictions. His current research focuses on the area of Relational Psychophysiology. For these contributions Dr. Tronick is being awarded this year's Reiss-Greenberg Chair.

Dr. Tronick's presentation is titled:
My Work on Infants’ Making of Meaning of Their Self in Relation to the World of People, Things, and Their Own Self

Learning Objectives
- To list three key findings Dr. Tronick discovered that help understand the neurobiological and social-emotional development of infants/children.
- To describe three factors that can influence meaning-making in the developing infant.
- To discuss the clinical implications of neglect and/or abuse on meaning-making on their developing self in relation to others.
In this special six-hour conference, Dr. Tronick will share his expertise and years of research and clinical experience working with normal and traumatized infants and their parents, by exploring milestones in his professional life of studying the dynamics of infant-parent interaction and the effects of that interaction — that meaning-making — on the intra and inter-relationships of that infant/child's own self. (For further details please refer to our upcoming brochure announcing this conference.)

Please note that this exciting conference is being held on Friday, January 20, 2017, in place of a Saturdays at the Center offering.

Edward Tronick, Ph.D., received his bachelor's and master's degrees from Cornell University and his doctorate in developmental and neurophysiology from the University of Wisconsin. He did his Postdoctoral Fellowship at Harvard University’s Center for Cognitive Studies and Child Clinical Work in the Department of Psychiatry at Children's Hospital in Boston. He has taught as associate and full professor at the University of Massachusetts at Amherst and as associate professor at Harvard University Medical School and at the Harvard School of Education. He has been a faculty member at the Boston Psychoanalytic Society and Institute. He has written over 200 scholarly papers and chapters and is the author of *The Neurobehavioral and Social-Emotional Development of Infants and Children*. He is currently Distinguished Professor at the University of Massachusetts, Boston, and is Director of the Child Development Unit. In addition, he is a research associate in Newborn Medicine Boston and Faculty in clinical training in biological and social sciences and developmental Psychiatry at Harvard Medical School. Dr. Tronick is also the founder and Chief Faculty of the Infant-Parent Mental Health Postgraduate Certificate Program located in both the University of Massachusetts, Boston and in Napa, California.

In this exiting presentation, Dr. Tronick will share important discoveries culled from his long professional career working with infants and parents. He will begin with his groundbreaking work on the Still-Face Paradigm and continue with his presentation of a Mutual Regulation Model and Relational Activation Patterns. He will move to discuss his development of a preventive and early-remedial Infant-parent Mental Health Postgraduate Certificate Program and finish with his current research focus on infant memory for stress and epigenetic processes affecting behavior.

It is no wonder, then, that last year Dr. Peter Fonagy wrote a paper celebrating Dr. Tronick's contribution to psychodynamic and developmental psychology where he stated: “Ed Tronick's contribution to psychodynamic developmental psychology has been colossal. It stands alongside the work of other giants in the field like Renee Spitz, John Bowlby, Dan Stern and a handful of others who made the past few decades of psychoanalytic scholarship exciting and innovative…Tronick's model, focused on dyadic meaning-making, came into its own when applied to understanding the therapeutic relationship…Tronick's ideas have implicitly and explicitly influenced late 20th century and early 21st Century psychoanalytic thinking.”

Don't miss the opportunity to personally experience this master, researcher, teacher, and clinician to better understand why he is being honored as our 13th Edna Reiss-Sophie Greenberg Chair.

We have made it convenient for you to pre-register for this special conference on the Saturdays at the Center registration form which can be found on the inside back page.
Anxiety, Attachment, and Development of Personality Structure

Presented by a well-respected educator, lecturer and clinician with an expertise in the development of personality in young people

Matthew D. Bennett Psy.D., is a licensed psychologist in private practice in Santa Barbara and Ventura, California; faculty at Pacifica Graduate Institute; and faculty at Reiss Davis Graduate Center’s Psy.D Program in Child Clinical Psychology. He also lectures through his own organization, the Aeolian Center for Psychotherapy.

This presentation will trace the relationship between basic anxieties, attachment, and development of personality from early childhood through early formation of adult personality. The presenter will explore some ways in which psychoanalytic theory has described different kinds of basic anxieties, such as annihilation anxiety or abandonment anxiety, and how these basic anxieties serve as motivational systems and result in an imperative for attachment early in life. The discussion will also include an exploration of how the evolving forms of basic anxiety interact with attachment experiences to form a scaffolding for the development of personality. Finally, Dr. Bennett will review how basic anxieties interact with temperament and attachment in childhood to result in different levels and types of personality organization by early adulthood.

Learning Objectives

- To compare and contrast characteristics of at least three different types of anxiety as described in the psychodynamic literature, including annihilation anxiety, abandonment anxiety, and moral anxiety.
- To explain how various kinds of basic anxiety relate to stages of attachment and individuation in children and adolescents.
- To describe two therapeutic interventions and postures that are designed to be helpful in the presence of different kinds of anxiety states.
Legal and Ethical Considerations in Clinical Practice

Presented by a nationally recognized lecturer specializing in legal and ethical issues in clinical practice.

Pamela Harmell, Ph.D., is a full-time Lecturer at the Pepperdine University Graduate School of Education and Psychology; a past Chair of the California Psychological Association Ethics Committee; serves as Co-Chair of the Los Angeles County Psychological Association Ethics Committee; is the former President of the Los Angeles County Psychological Association; and had received a Gubernatorial appointment to the California Board of Psychology where she served her final year as President. She also maintains a private practice in Brentwood.

This presentation focuses on client-therapist situations that exemplify various complex ethical dilemmas. Participants will learn to deal with ethical dilemmas such as (1) dealing with dangerous clients (suicide, Tarasoff), (2) updates and current standard of care when working with minors and family law, (3) updates to Tarasoff/Ewing, (4) contemporary issues related to personal and professional value conflicts and (5) essential changes to the DSM-5 when working with minors. Literature updates, along with relevant Codes of Ethics and current expert opinion on standard of care will be included in all areas of discussion. This program overviews the current research findings and practice knowledge that informs the practice of ethical and legal clinical work. Emphasis will be placed upon prevention of ethical violations.

Learning Objectives

- To explain how to apply the SAD PERSONS method of assessing suicidal behavior for minors.
- To list at least two controversies related to the DSM-5 and diagnoses for minors.
- To describe the primary updates under SB 543 about treating minors without parental consent.
Wrestling with the Angel of Diversity and the American Dream: On Becoming a Culturally-Responsive Psychotherapist

Presented by a well-respected educator and psychoanalyst with an expertise in community psychoanalysis

George Bermudez, Ph.D., Psy.D., has a Doctorate in Psychoanalysis from the Institute of Contemporary Psychoanalysis Los Angeles (ICP-LA); is Core Faculty and Director of the Child/Family Studies Specialization at Antioch University Los Angeles (AULA); and is Director of Internship Training at Children's Institute, Inc. (CII).

“American Relational Psychoanalysis” has shifted the psychoanalytic conversation to include a “social unconscious” in which we are all embedded. This presentation builds on seminal ideas of Edgar Levenson, who offered organizing principles for a contemporary, historically and contextually situated psychoanalysis with the implication that social-historical embeddedness is an ethical obligation we have to develop our awareness that reflects deeply on our attitudes and practices. We will learn some potentially useful research findings, socio-psychological concepts, and emergent practices that may help us wrestle productively with Diversity challenges in our professional practice. We will also explore neuroscience findings related to racial bias; about “stereotype threat”; clinical applications of “cultural value orientations” and “shifting cultural lens” (Dr. Steve Lopez); and the emergent practice of “social dreaming” as both an exploratory portal into the “social unconscious” and as an intervention for collective trauma and internalized oppression.

Learning Objectives

- To define “stereotype threat” and its implications for the psychotherapy encounter.
- To explore and conceptualize clinical dream work from the perspective of the “social unconscious”.
- To explain the cross-cultural therapeutic techniques of assessing “cultural values orientations”.
Bringing a Reflective Experience to Supervision

Presented by an expert Infant Family Early Childhood Mental Health Specialist and Reflective Mentor with considerable experience leading workshops on Reflective Supervision.

Barbara Stroud, Ph.D., is a licensed Clinical Psychologist, Endorsed Infant Family Early Childhood Mental Health Specialist and Reflective Mentor, Member of ZERO TO THREE Academy of Fellows, UC Davis Extension Faculty for the Napa Infant-Parent Mental Health Fellowship Program, and Author of How to Measure a Relationship, a clinical guide to creating developmentally informed dyadic interventions.

What we learn through a deeper examination of our internal thoughts and feelings can help us better understand the families we work with. This is the goal of Reflective Supervision. Reflective Supervision by design is empowering, strength-based, culturally respectful, collaborative, non-judgmental, and introspective. This training will support the growing knowledge of infant mental health providers in the foundational elements and practical application of Reflective Supervision.

Learning Objectives

- To describe the foundational elements of reflective supervision: regularity, collaboration, and reflection.
- To discover and label parallel process elements experienced first within the supervision relationship and link this back to the parent/child treatment dyad.
- To explore creating a supervision environment that encourages open sharing safely in order to look at mistakes, and investigate multiple venues to achieve success with families.
LCSWs, LMFTs, LEPs, and LPCCs  ASWs, IMFs and PCCIs

Have you always dreamed you could have a doctorate to round off your professional training?

One Weekend a Month/3-Year PsyD Program of courses in Clinical Child Psychology with a Psychodynamic Emphasis

May be just the place to turn to make your dreams come true

A NEW COHORT OF CLASSES BEGINS IN JANUARY 2017

Presented by
THE REISS-DAVIS GRADUATE CENTER FOR CHILD DEVELOPMENT AND PSYCHOTHERAPY

A program of the Reiss-Davis Child Study Center & Institute

A trusted name in training doctoral, postgraduate and postdoctoral students for over 60 years

Reiss-Davis is a division of Vista Del Mar Child and Family Services

For more information or an application form please call: 310-204-1666 Ext. 339
REGISTRATION

To register for as many of the conferences as you would like to attend and/or for this year’s Annual Reiss-Greenberg Chair honoring Edward Tronick, Ph.D., please use one of these three methods of registering:

• Log on to:
  www.vistadelmar.org/ContinuingEducationUnits/

• Mail registration form and payment to:
  Reiss-Davis/Saturdays at the Center
  Attn: Mila Jovicic
  3200 Motor Avenue
  Los Angeles, CA 90034

• Contact Conference Coordinator:
  Mila Jovicic at (310) 204-1666, ext. 328
  or by email at MilaJovicic@vistadelmar.org

For more information, visit our website:
www.vistadelmar.org/ContinuingEducationUnits/

Event Location:
Vista Del Mar Child and Family Services
3200 Motor Avenue
Los Angeles, CA 90034

Continuing Education

CE Credits are available for Psychologists, LCSWs and LMFTs

CPA Accredited: Vista del Mar Child and Family Services is approved (VIS-002) by the California Psychological Association (CPA) to provide continuing professional education for psychologists. The California Board of Behavioral Sciences (BBS) now recognizes CPA continuing education credit for license renewal for LCSWs and MFTs. Vista del Mar Child and Family Services maintains responsibility for this program and its contents.

Target audience: Licensed mental health professionals • Post-licensure instructional level of activity: Intermediate/Advanced

Important notice to participants: Participants who attend a scheduled event in full and complete the appropriate evaluation form will receive CE credits. Please note that credit will only be granted to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credit.

COMING FROM THE SOUTH, NORTH, OR WEST:
Take the San Diego 405 freeway to the 10 East (Santa Monica) Freeway. Exit at the first off ramp (Overland/National). Turn left onto National and left again where the street makes a left turn. Continue straight one block to Motor and turn left. Go approximately 100 yards to the Vista Del Mar entrance on the right (east) side of Motor.

COMING BY FREEWAY FROM THE EAST:
Take the Santa Monica 10 Freeway West to the National Blvd. off ramp. Proceed straight ahead up Manning Avenue. Turn left on Motor Avenue and go approx. one-half block to the Vista Del Mar entrance on the east (left) side of Motor.

(IMPORTANT FOR FRIDAY EVENTS: Between 7:00am and 10:00am on weekdays, no left or right turns are allowed from National Blvd. onto Motor Ave.)
REGISTRATION FORM FOR SATURDAYS AT THE CENTER

If registering for both Saturdays at the Center events and the Reiss-Greenberg Conference, please complete form on next page.

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E-mail (Please include in order to receive registration confirmation) Daytime Phone

REGISTRATION FEES

$55: Per 3-hour Friday or Saturday session

$99: Per 6-hour Friday session

Includes morning refreshments and CE Credits.

PLEASE REGISTER ME FOR THE FOLLOWING:

**Saturday Sessions** – 9:30am-12:30pm, $55, 3 CE Credits:
- 11/19/16
- 2/11/17
- 4/8/17

**Friday Sessions** – 10:00am-1:00pm, $55, 3 CE Credits:
- 12/9/16

**Friday Sessions** – 9:00am-4:00pm, $99, 6-hour 6 CE Credits: (Please bring your own lunch.)
- 3/17/17
- 5/26/17

METHOD OF PAYMENT

- Check Enclosed (make payable to Vista Del Mar)
- Visa
- MasterCard
- American Express

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Authorized Signature

Billing Address (if different from above) City State Zip

MAIL COMPLETED FORM WITH PAYMENT TO:
Reiss-Davis/Saturdays at the Center, Attn: Mila Jovicic, 3200 Motor Avenue, Los Angeles, CA 90034

CANCELLATIONS & REFUNDS: Cancellations received at least ten working days before the workshop are refundable less a $20 administrative fee per registrant. No refunds will be made thereafter. Please note that if you register and do not attend, you are still liable for full payment. A colleague may be substituted for no extra charge as long as written notification is received by Reiss-Davis a minimum of five business days before the conference. The expense of continuing education, when taken to maintain and improve professional skills, may be tax deductible.

DISCOUNTS

- Alumni: We offer alumni discounts. Please contact our office directly for payment and registration.
- We apologize we are not able to offer scholarships or student discounts at this time.
REGISTRATION FORM FOR REISS-GREENBERG CHAIR

REGISTRATION FEE
$130: Reiss-Greenberg Chair with Ed Tronick, Ph.D., Friday, 1/20/17
9:00am-4:00pm; Includes continental breakfast, boxed lunch, and 6 CE Credits.

DISCOUNTS
• **Group Discount:** We offer group discounts for organizations bringing in groups of 6 or more people. Please contact our office by Friday, December 29, 2016 to receive a $5 discount for each person.
• **Alumni:** We offer Reiss-Davis Fellowship and Graduate Center alumni discounts. Please contact our office directly for payment and registration.
• We apologize we are not able to offer scholarships or student discounts at this time.

LUNCH OPTIONS
Select one:  ☐ Sub Sandwich  ☐ Tuna Sandwich  ☐ Vegetarian Sandwich  ☐ Gluten-Free Chicken Salad

METHOD OF PAYMENT
If registering for Saturdays at the Center events as well, please indicate date(s) here: ___________________
☐ Check Enclosed (make payable to Vista Del Mar)  ☐ Visa  ☐ MasterCard  ☐ American Express

Credit Card Number  Code  Expiration Date  Total Charges

Authorized Signature

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Includes our 13th Annual Edna Reiss-Sophie Greenberg Chair & Conference, this year honoring:

**Dr. Edward Tronick**
**Friday, January 20, 2017**

“Ed Tronick’s contribution to psychodynamic developmental psychology has been colossal.”
- DR. PETER FONAGY

Monthly Continuing Education Programs for Mental Health Professionals

SATURDAYS at the CENTER

VISTA DEL MAR
REISS-DAVIS INSTITUTE

3200 Motor Avenue
Los Angeles, CA 90034