Vista Del Mar provides comprehensive, family-centered, social, educational and behavioral health services that encourage children, adolescents and their families to lead self-reliant, stable and productive lives.

3200 Motor Avenue, Los Angeles, California 90034
Phone: 310.836.1223 • Fax: 310.839.2620
vistadelmar.org
are impeding their ability to succeed in their current
12-18, whose emotional and behavioral difficulties
residential treatment programs are for youth ages
are invested in the success of your child. Our
nurses, and special education teachers who
counselors, recreational therapists, psychiatrists,
professional team of clinicians, youth development
Vista Del Mar has a highly skilled, multi-disciplinary
serving at risk youth for over one hundred years.
18 acre campus in West Los Angeles has been
and Family Services, which is located on a beautiful
state mental health regulations. Vista Del Mar Child
Commission
Vista Del Mar is accredited by the Joint
and adheres to all local, county and
create opportunities for positive change.
achieve, to strive to inspire youth to learn, and to
invest in the well-being of each resident, to model
principles that encourage every staff member to
closely with each child and reflect our guiding
strengths, while helping them develop effective
treatment plans to identify and build on each child's
in out-of-state programs and to assist with
alternative to hospitalization, to avoid placement
multi-disciplinary treatment program as an
approach which is a cognitive behavioral treatment
intervention that emphasizes the development of
four skill sets: mindfulness, interpersonal
effectiveness, emotion regulation, and distress
tolerance. We provide a safe, containing and caring
environment that focuses on positive ways to
engage in relationships. Our program is designed to
assist adolescents with recognizing, rewarding
and building upon their strengths while helping
them to control and diminish negative behaviors
which interfere with leading a healthy, productive
and satisfying life.

through our treatment team and therapeutic
models, teens are assisted with identifying effective
solutions for their problems which enable them
to safely and successfully return to their families,
schools, and community.

Community Treatment Facility
One of our signature programs is our Community
Treatment Facility, a Special Care Unit. This cottage
is a 24 bed locked facility for severely disturbed
adolescent boys and girls, ages 12 to 18 years old.
We provide an organized and highly structured
multi-disciplinary treatment program as an
alternative to hospitalization, to assist children
in out-of-state programs and to assist with
transferring from a more restrictive environment.
Our program is designed to stabilize children
in their daily functioning so that he/she may return to his/
her home and community safely and productively.
Our residents attend our WASC accredited on
grounds Non Public School in self contained
classrooms within the boundaries of the Special
Care Unit.

Level 12 Program
Handler Unit is a 24 bed cottage for boys and girls,
ages 12 to 18. We provide a safe, nurturing, and
structured environment for troubled teens that
need intensive therapeutic services. Most
residents attend our onsite school. The youth who
reside at Vista are helped to find effective solutions
to problems so they can safely and successfully
return to their families, schools, and communities.

For More information, please contact:
Linda Rose, LMFT,
Director of Residential Admissions
(310) 836-1223 x750

We are prepared to help with:

Behavior problems:
• Aggression
• Oppositional and defiant behaviors
• Substance use and/or abuse
• Anger management
• Impulsive and dangerous behaviors

Emotional problems:
• Depression
• Bipolar Disorder
• Thought Disorder
• Anxiety

Social problems:
• Isolation
• Low self esteem
• Poor peer interactions

Academic problems:
• Learning Disabilities
• ADHD
• School phobic
• History of school failure

For More information, please contact:
Linda Rose, LMFT,
Director of Residential Admissions
(310) 836-1223 x750

For More information, please contact:
Linda Rose, LMFT,
Director of Residential Admissions
(310) 836-1223 x750

Services include:
• On site accredited school offering
college preparatory classes as well as
medication management
• On site health center
• Chemical dependency groups
• Life skills and vocational training
• Religious life program
• Character Counts Program
• DBT Based Approach

On Site Amenities include:
• Gymnasium
• Indoor pool
• Basketball courts
• Tennis courts
• Athletic field and track
• Woodshop
• Music room
• Teen lounge and game room

On Site Amenities include:
• Gymnasium
• Indoor pool
• Basketball courts
• Tennis courts
• Athletic field and track
• Woodshop
• Music room
• Teen lounge and game room