The Reiss-Davis Child Study Center & Institute at Vista Del Mar presents its 2018 monthly series of Saturdays at the Center.*

CE Credits for Mental Health Professionals Serving Children, Adolescents and Parents

A PLACE TO TURN • A PLACE TO LEARN • A PLACE TO EARN

Celebrating its 9th Year of offering Cutting Edge presentations on the latest in developmental-psychodynamic neuro-bio-psycho-social/relational mental health theory and technique for those who work with children and adolescents.

CONVENIENTLY LOCATED | REASONABLY PRICED | PLEASANTLY SITUATED ON THE GROUNDS OF VISTA DEL MAR

*Please note that some sessions are presented on Fridays
THE REISS-DAVIS CHILD STUDY CENTER & INSTITUTE
is a non-profit, non-sectarian mental health training and treatment center
that has been serving the needs of children, adolescents, their families, and
professionals since 1950.

Our Clinical and Psycho-Educational Services offered at the Center include:
• Psychotherapy for children, parents, and families*
• Parent Work*
• Evidence-based cognitive-behavioral therapies for MediCal eligible children, adolescents and parents*
• Diagnostic assessments*
• Psycho-Educational Diagnostic testing Services (P.E.D.S.) for assessing LD, AD/HD and emotional issues
• Keeping Kids First-educational program for divorcing parents
• Neurofeedback/brain training program for children and adolescents with attentional and other issues
*For these clinical services please call the Vista Counseling Center at 310-836-1223 Ext. 330/500

For all other services please call 310-204-1666:
• Psycho-Educational (PEDS) Program at Ext. 307
• Keeping Kids First Program at Ext. 875
• Neurofeedback Program at Ext. 871
The Reiss-Davis Child Study Center & Institute, a division of Vista Del Mar Child and Family Services, is pleased to announce that it is celebrating its ninth year of offering the Los Angeles mental health professional community our Saturdays at the Center Program. The series we have put together for 2018 offers clinical psychologists, social workers, and marriage and family therapists an exciting selection of continuing education presentations that not only stimulate thought, and suggest different methods and techniques to augment working with children, adolescents, and their parents, but also offer an opportunity to learn and discuss information reflecting recent dynamic thinking in the field of infant, child, and adolescent mental health, adjunctive psychotherapeutic, and other services for young people and their families. As requested by many who regularly attend our series, this season, each of our offerings will focus on some aspect of this season’s central theme - adolescence. Like we have had over the years, we will continue to provide monthly workshops offered by outstanding professionals, who will address both the mental health and/or other needs that can impact on young people and their families from birth through late adolescence, with a special emphasis on the latter, and offer therapists new and innovative techniques and approaches that they can apply to their current work with young clients and/or their parents.

Saturdays at the Center is a program sponsored by the Reiss-Davis Child Study Center and Institute, the training and research wing of the Reiss-Davis Child Study Center and Institute at Vista Del Mar. Our Center has had an established reputation for providing quality clinical services to children, adolescents, and their families in the Los Angeles community for sixty-seven years. We also have an established reputation in the mental health training field, through our post-masters and post-doctoral Fellowship programs, whose graduates now serve the mental health needs of children here in Los Angeles, in California, across our country and across the world. Additionally, we offer training to students, trainees, and professionals in child-adolescent mental health through our well-received Annual Edna Reiss-Sophie Greenberg Chair Lecture Series, recognizing nationally and internationally known professionals who have made major contributions to the field of child-adolescent mental health. Our Reiss-Davis Institute also offers a degree-granting graduate school - our Reiss-Davis Graduate Center (RDGC) program, now offering a PsyD degree in clinical child psychology to Licensed and License-eligible social workers, marriage and family therapists, educational psychologists, and professional clinical counselors through our convenient One Weekend/Month 3 years of didactic classes plus dissertation Program for busy licensed therapists wanting a PsyD degree in clinical child psychology with a psychodynamic and neurobiological emphasis. A new cohort of this program is scheduled to begin in January 2018. Additionally, starting this year, proceeds from events listed in this brochure (Saturdays at the Center Series and the Edna Reiss-Sophie Greenberg Award/Chair and Conference) will be used to help the RDGC offer partial scholarships to prospective students and/or current students who have experienced financial hardship and/or prospective underrepresented students who cannot afford to apply without financial assistance.
Julia Ann Singer
Autism Evaluation Project at
The Reiss Davis Child Study Center’s P.E.D.S. Program

Our Autism Evaluation Assessment Program offers comprehensive neurodevelopmental and diagnostic evaluations for children and adolescents suspected of being on the autism spectrum. Our licensed psychologists who conduct these specialized evaluations use gold standard instruments to provide the highest level of sensitivity and specificity in making a diagnosis of autism spectrum disorder. Our highly trained psychologists comprehensively assess social-communication, motor functioning, intellectual abilities, social and emotional functioning, behavioral functioning, and independent self-care skills using best practice ASD diagnostic measures, which include: the Autism Diagnostic Observation Schedule, Second Edition (ADOS-2), the Autism Diagnostic Interview-Revised (ADI-R), and the Childhood Autism Rating Scale-2, in addition to other standardized tests.

At a Glance

Location: 3200 Motor Avenue, Los Angeles, CA 90034 (A Division of Vista Del Mar)
Appointments: 310.204.1666 ext. 307 or lisablanchard@vistadelmar.org
Grades: Pre-K through High School
For over 30 years a place to turn struggling to success

The Reiss Davis Child Study Center
Psycho Educational Diagnostic Services (P.E.D.S)

At P.E.D.S, our pre-doctoral psychology interns and postdoctoral psychology fellows conduct comprehensive, quality psycho-educational, and psychological assessments to children and adolescents presenting with a wide range of concerns. Our assessments provide diagnostic clarity, which allows for a more complete understanding of a child’s presenting difficulties. Our psychoeducational evaluations can help your child, teen, or college student get tailored recommendations to become more successful in the educational environment, gain access to educational accommodations and interventions through special education or Section 504, and receive accommodations, which can include extended time, on standardized tests such as the ACT, SAT or GRE. Our fellows have also been trained to accurately rule-out ADHD, a disorder that is frequently incorrectly issued. Through our psychological assessments, our fellows are also able to integrate the different tests with information obtained through various sources in order to gain better insight into a child’s emotional functioning. The comprehensive evaluations we do through P.E.D.S can help to identify needs in therapy, highlight school and home issues, and recommend particular forms of intervention, and offer potential outcomes of treatment.

At a Glance

Location 3200 Motor Avenue, Los Angeles, CA 90034 (A Division of Vista Del Mar)
Appointments 310.204.1666 ext 307 or lisablandchard@vistadelmar.org
Grades Pre-K through College Age
Awarded to Peter Fonagy, PhD

Dr. Fonagy is an internationally known psychoanalyst, professor, and researcher who has been a pioneer in the field of child, adolescent and young adult mental health, making major contributions to our understanding of attachment in young people and their parents, mentalization, theory and technique, working therapeutically with adolescent Borderline Personality Disorder. He has written over 400 original peer-reviewed papers and articles, and has authored/co-authored 19 books including groundbreaking books such as: Attachment Theory and Psychoanalysis and Affect Regulation, Mentalization, and the Development of the Self.

Dr. Fonagy’s presentation is entitled:

Imagination and Psychotherapy: My Evolving Thoughts on the Application of Mentalization When Working with Children, Adolescents, and Parents

Learning Objectives

- Explain one of the original contributing factors to Dr. Fonagy’s mentalization theory.
- Describe one clinical group of young people that Dr. Fonagy first felt could benefit from mentalization based work.
- List at least two more recent applications of mentalization theory that you could apply to your child/adolescent clinical practice.
- Discuss the importance of imagination in working therapeutically with young people.
In this special six hour conference, Dr. Fonagy will share how his theory of mentalization has evolved through his research and clinical experiences over the years, and the implication of that evolution to working therapeutically with children and adolescents with an emphasis on the application of techniques clinicians can use in their daily work with young people and their parents.

Please note that this exciting conference is being held on Friday, January 19, 2018, in place of Saturdays at the Center offering for the month of January.

Dr. Peter Fonagy, PhD, FMedSci, FBA, OBE received his PhD in Medical Research at the University College London, his British Psychological Society Diploma in Clinical Psychology and was trained in Adult Psychoanalysis at the British Psychoanalytic Society before training in Child Psychoanalysis at the Anna Freud Center. He was a Freud Memorial Professor of Psychoanalysis for 24 years at UCL. He was also Director of the Child and Family Center of the Menninger Clinic in Topeka, Kansas, and Director of the Sub-Department of Clinical Health Psychology at UCL. He then became the Director of Clinical Protocols and Outcome Center at Menninger’s and the Marie and Scott S. Smith Chair in Child Development at the Karl Menninger School of Psychiatry. Since 2003 he has been the Chief Executive of the Anna Freud National Centre for Children. He has been Program Director of the Mental Health and Wellbeing Program, UCL Partners, as well as the Head of the Research Department of Clinical, Educational and Health Psychology at UCL and is a Professor of Contemporary Psychoanalytic and Developmental Science at UCL. He is also a Clinical Professor of Psychiatry at Yale University School of Medicine, and a Senior Investigator for the National Institute of Health Research. Dr. Fonagy’s honors and awards include the Order of the British Empire.

In this exciting presentation Dr. Fonagy will explain how his therapy technique developed over the years, by tracing the development of mentalization theory from his work with children and infants to working with patients with severe personality disorder. Throughout the conference, he will use impromptu “role-plays” to illustrate the development of technique from a very traditional psychoanalytic approach to a much more elastic mentalizing one. About his presentation Dr. Fonagy noted, “I will be using a mixture of theory, research and technique with an emphasis on the latter as my presentation will be aimed at clinicians struggling with the challenges that we all face in trying to use our imagination to help people in distress…there will be a little bit of neuroscience but mostly elucidation of principles of practice with illustration.” It is no wonder that Harvard’s Professor John R. Weisz, PhD, has recently noted: “Fonagy is one of the fine minds of our era. He brings a thoughtful, rigorous, no-nonsense approach to intervention science.”

Don’t miss the opportunity to personally experience this master clinician, researcher, and teacher to better understand why he is being honored as our 14th Edna Reiss-Sophie Greenberg Chair.
Current Thinking About Sex and Gender:
Theoretical and Clinical Implications

Presented by a well-respected psychoanalyst and teacher with an expertise in working clinically with adolescents and their families

R. James Perkins, MD, is a psychiatrist, and psychoanalyst with a longstanding interest in adolescents and their families; an Assistant Clinical Professor of Psychiatry at UCLA and a Training Analyst at the New Center for Psychoanalysis; was past president of the Los Angeles Child Development Center; has run several inpatient Adolescent Units; and is currently in private practice in Brentwood.

Recent advances in neurobiology require a rethinking of the developmental differences between girls and boys. From peer relationships and gender-role behavior to romantic and sexual fantasies and feelings of masculine and feminine self-esteem, the relative contributions of nature, nurture and culture are being reexamined. Importantly, our traditionally binary concepts of what are male and female qualities are rapidly evolving, opening the possibility for a far richer understanding of human behavior and its motivation, both conscious and unconscious. In this discussion we will be examining the new evidence and its implications for our clinical work.

Learning Objectives

- List two recent advances in neurobiology that make clinicians rethink the differences between teenage girls and boys.
- Describe two ways that our binary understanding of male and female qualities is rapidly evolving in today’s American culture.
- Explain one way that our current thinking about sex and gender could have an impact on your therapeutic work with teens.
Clinical Adolescent Suicide Assessment and Prevention Presentation

Presented by two expert Clinicians from Didi Hirsch’s well-respected Suicide Prevention Center

Susan S. Speelman, MA, LMFT is Division Director of the Didi Hirsch Suicide Prevention Center, overseeing the Crisis Line, Bereavement Services, Survivor of Suicide Attempt programs; and was the Director of Partial Hospitalization and Outpatient Psychiatric programs for a 200 bed hospital in Long Beach, California. Shawn Silverstein, PhD is the Lead Psychologist at the Didi Hirsch Suicide Prevention Center, managing and Assistant Professor of Clinical Psychology; Chicago School of Professional Psychology and Adjunct Professor at CSPP.

This presentation provides an overview of suicide prevention for clinicians, that will include discussion regarding the nature of suicide and understanding suicide, suicide related statistics, risk factors, myths, warning signs and a discussion of how to assess for lethality/suicide risk, also highlighting particular considerations when working with teens and adolescents. There is also a discussion related to potential ways to manage a client/patient who is suicidal, and information will be provided with regard to resource referrals. During this presentation, an overview of various services and programs offered by Didi Hirsch will also be discussed.

Learning Objectives

- List the risk factors and warning signs for suicide.
- Explain how to assess for the likelihood of lethality when evaluating a client.
- Describe how to build a safety plan with a client who is suicidal.

(This 3 hr. presentation may count toward a future California mental health requirement (AB89) mandating 6 hours of training in Suicide Prevention. We will aim to offer Part 2 - the other required 3 hours - next year in our Saturdays at the Center series.)
Psychotherapy with the Perceptive Adolescent

Presented by two well-respected educators, lecturers and clinicians with an expertise in the adolescent personality

Matthew D. Bennett, PsyD is a licensed psychologist in private practice in Santa Barbara and Ventura, California; faculty at Pacifica Graduate Institute; faculty at Reiss-Davis Graduate Center’s PsyD Program in Child Clinical Psychology; and lectures through his own organization, the Aeolian Center for Psychotherapy. Jemma Elliot, MA, LPCC, LMFT is a licensed marriage and family therapist and Director of Research and Associate Co-Chair for Pacifica Graduate Institute’s MA in Counseling Psychology Program and is also a Research Associate and Portfolio Thesis Advisor and teaching faculty in the program.

Adolescents with schizoid “perceptive” personalities may come across as dreamers, loners, or idealists, and sometimes the younger ones raise concerns among parents as to “failure to launch.” Exquisitely sensitive and organized around defensive styles which involve retreat into fantasy, perceptive adolescents retreat into internal lives to the point that they sometimes become unresponsive to their outer ones. Although teens with schizoid dynamics may resist the idea of therapy, they can bloom when working with a skilled therapist who understands where they are coming from. The presenters will provide an overview of schizoid dynamics, defensive style, how the personality is represented in diagnostic nomenclature, differential diagnosis with Spectrum disorders, and best treatment approaches.

Learning Objectives

• Describe one aspect of the emotional life, cultural context, and defensive style of the schizoid personality.
• Participants will be able to select a therapeutic stance designed to be helpful to the schizoid personality.
• Participants will be able to compare and contrast DSM-5 diagnostic criteria from psychodynamic formulations of schizoid personality.
Psychosocial Treatment Approaches to Bipolar Disorder

Presented by an internationally recognized professor and researcher in the area of psychosocial interventions as an adjunct to meds in the treatment of bipolar disorders in children and adolescents

David Miklowitz, Ph.D. is Professor of Psychiatry in the Division of Child and Adolescent Psychiatry at the UCLA Semel Institute; Director Child/Adolescent Mood Disorders Program; Director Integrative Study Center in Mood Disorders; and Senior Clinical Researcher Department of Psychiatry at Oxford University; researching family/environmental factors and family psychoeducational treatments early-onset child/adolescent bipolar disorder.

Bipolar disorder has traditionally been conceptualized as a biologically/genetically-based disorder treated primarily by medication, with the role of adjunctive psychotherapy in treating young bipolar patients less clear. However, in the past two decades substantial literature has emerged on psychosocial factors and interventions in the course of bipolar disorder with focusing on children/adolescents with early onsets of mania or depression. Dr. Miklowitz will review current research on psychological stress in bipolar disorder, review models of psychotherapy tested in randomized controlled trials in combination with medications. He will describe family-focused therapy (FFT), a treatment he and his colleagues developed for adolescent patients with bipolar disorder who are recovering from an acute episode of mania or depression. He will also present videotaped examples of FFT sessions, and how treatment is modified when treating an early-onset adolescent vs. a more chronic one.

Learning Objectives

• To describe psychosocial stressors that affect the course and outcome of bipolar disorder
• To list the basic techniques of family-focused therapy and be aware of its evidence base
• To explain how FFT is applied to different age groups who are at different stages of bipolar illness
LCSWs, LMFTs, LEPs, and LPCCs  ASWs, AMFTs and APCCs

Have You Always Dreamed You Could Have a Doctorate to Round Off Your Professional Training?

One Weekend a Month (3 Years of Courses + Dissertation) Program in Clinical Child Psychology with a psychodynamically-oriented and neurobiologically-informed emphasis

A NEW COHORT OF CLASSES BEGINS IN 2018

Presented by
THE REISS-DAVIS GRADUATE CENTER
A program of the Reiss-Davis Child Study Center & Institute

A trusted name in training doctoral, postgraduate and postdoctoral students for over 65 years

Reiss-Davis is a division of Vista Del Mar Child and Family Services

For more information or an application form please call: 310-204-1666 Ext. 339 or visit www.reissdavis.org
REGISTRATION

To register please use one of these three methods of registering:

- **Log on to:**
  www.vistadelmar.org/ContinuingEducationUnits/

- **Mail registration form and payment to:**
  Reiss-Davis/Saturdays at the Center
  Attn: Mila Jovicic
  3200 Motor Avenue
  Los Angeles, CA 90034

- **Contact Conference Coordinator:**
  Mila Jovicic at (310) 204-1666, ext. 328
  or by email at MilaJovicic@vistadelmar.org

- **Locations:**
  Saturdays at the Center Events, Vista Del Mar
  3200 Motor Ave. Los Angeles, CA 90034

- **CE Credits are available for Psychologists, LCSWs and LMFTs**

  **CPA Accredited:** Vista del Mar Child and Family Services is approved (VIS-002) by the California Psychological Association (CPA) to provide continuing professional education for psychologists. The California Board of Behavioral Sciences (BBS) now recognizes CPA continuing education credit for license renewal for LCSWs and MFTs. Vista del Mar Child and Family Services maintains responsibility for this program and its contents.

  **Target audience:** Licensed mental health professionals • Post-licensure instructional level of activity: Intermediate/Advanced

  **Important notice to participants:** Participants who attend a scheduled event in full and complete the appropriate evaluation form will receive CE credits. Please note that credit will only be granted to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credit.

**COMING FROM THE SOUTH, NORTH, OR WEST:**
Take the San Diego 405 freeway to the 10 East (Santa Monica) Freeway. Exit at the first off ramp (Overland/National). Turn left onto National and left again where the street makes a left turn. Continue straight one block to Motor and turn left. Go approximately 100 yards to the Vista Del Mar entrance on the right (east) side of Motor.

**COMING BY FREEWAY FROM THE EAST:**
Take the Santa Monica 10 Freeway West to the National Blvd. off ramp. Proceed straight ahead up Manning Avenue. Turn left on Motor Avenue and go approx. one-half block to the Vista Del Mar entrance on the east (left) side of Motor.

(IMPORTANT FOR FRIDAY EVENTS: Between 7:00am and 10:00am on weekdays, no left or right turns are allowed from National Blvd. onto Motor Ave.)
REGISTRATION FORM

FOR REISS-GREENBERG CHAIR
Will take place at the Skirball Cultural Center (page 13)

Participant Name

Degree

Profession

License(s) Credentials

Organization/Affiliation

Mailing Address

City

State

Zip

E-mail (Please include in order to receive registration confirmation)

Daytime Phone

REGISTRATION FEE

$ 149: Reiss-Greenberg Chair with
Peter Fonagy, PhD, Friday, 1/19/18
9:00am-4:30pm; Includes buffet lunch
and 6 CE Credits.

DISCOUNTS

• Group Discount: We offer group discounts for organizations bringing in groups of 6 or more people. Please contact our office by Friday, December 22, 2017 to receive a $5 discount for each person.

• Alumni: We offer Reiss-Davis Fellowship and Graduate Center alumni discounts. Please contact our office directly for payment and registration.

• We apologize we are not able to offer scholarships or student discounts at this time.

METHOD OF PAYMENT

If also registering for Saturdays at the Center events, please indicate date(s) here: ______________________

☐ Check Enclosed (make payable to Vista Del Mar)  ☐ Visa  ☐ MasterCard  ☐ American Express

Credit Card Number

Code

Expiration Date

Total Charges

Authorized Signature

Billing Address (if different from above)

City

State

Zip

MAIL COMPLETED FORM WITH PAYMENT TO:
Reiss-Davis/Saturdays at the Center, Attn: Mila Jovicic, 3200 Motor Avenue, Los Angeles, CA 90034

Cancellations & Refunds: Cancellations received at least ten working days before the workshop are refundable less a $20 administrative fee per registrant. No refunds will be made thereafter. Please note that if you register and do not attend, you are still liable for full payment. A colleague may be substituted for no extra charge as long as written notification is received by Reiss-Davis a minimum of five business days before the conference. The expense of continuing education, when taken to maintain and improve professional skills, may be tax deductible.
Please use separate forms for registering for either Saturdays at the Center or the Reiss-Greenberg Conference.

Please register me for the following:

Saturday Sessions – 9:30am-12:45pm, $60, 3 CE Credits:
- 2/3/18
- 4/21/18
- 5/19/18

Friday Session – 10am-1:15pm, $60, 3 CE Credits:
- 3/16/18

Method of payment

- Check Enclosed (make payable to Vista Del Mar)
- Visa
- MasterCard
- American Express

Credit Card Number

Authorized Signature

Billing Address (if different from above)

Mail completed form with payment to:
Reiss-Davis/Saturdays at the Center, Attn: Mila Jovicic, 3200 Motor Avenue, Los Angeles, CA 90034

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REGISTRATION FEES
$60: Per 3-hour Friday or Saturday session
Includes morning refreshments and CE Credits.

DISCOUNTS
- **Alumni**: We offer alumni discounts. Please contact our office directly for payment and registration.
- We apologize we are not able to offer scholarships or student discounts at this time.

Participant Name

Degree

Profession

License(s) Credentials

Organization/Affiliation

Mailing Address

City

State

Zip

E-mail (Please include in order to receive registration confirmation)

Daytime Phone

PLEASE REGISTER ME FOR THE FOLLOWING:

Saturday Sessions – 9:30am-12:45pm, $60, 3 CE Credits: 2/3/18  4/21/18  5/19/18

Friday Session – 10am-1:15pm, $60, 3 CE Credits: 3/16/18

METHOD OF PAYMENT

- Check Enclosed (make payable to Vista Del Mar)
- Visa
- MasterCard
- American Express

Credit Card Number

Code

Expiration Date

Total Charges

Authorized Signature

MAIL COMPLETED FORM WITH PAYMENT TO:
Reiss-Davis/Saturdays at the Center, Attn: Mila Jovicic, 3200 Motor Avenue, Los Angeles, CA 90034

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Includes our 14th Annual Edna Reiss-Sophie Greenberg Chair & Conference, this year honoring:

**DR. PETER FONAGY**

**Friday, January 19, 2018**

“Fonagy is one of the fine minds of our era. He brings a thoughtful, rigorous, no-nonsense approach to intervention science.” – DR. JOHN R. WEISZ, HARVARD UNIVERSITY

Monthly Continuing Education Programs for Mental Health Professionals

**VISTA DEL MAR**

**REISS-DAVIS INSTITUTE**

3200 Motor Avenue
Los Angeles, CA 90034